



# TUCKSHOP Menu



## HOT MEALS

Chicken Burger

- with lettuce & mayo
- with salad & mayo

Warm Chicken Wrap

- with lettuce & mayo

Lasagne

Fried Rice (GF)

Hot Dog (with tomato sauce)

Pizza - cheese & bacon

Sausage Roll

Chicken Nuggets (GF) available on request

- 3 pack
- 6 pack

Sauce sachet - BBQ or tomato

## SALADS

Garden Salad

This classic salad includes lettuce, tomato, cucumber and carrot. Beetroot and salad dressing is included upon request.

with Ham, Chicken &/or Cheese

## SANDWICHES and WRAPS

All sandwiches made on wholemeal bread.  
Salad includes lettuce, tomato, cucumber & carrot. Beetroot included upon request.

Vegemite or Jam

Salad

Ham, Chicken &/or Cheese

Ham, Chicken &/or Cheese with Salad

Add: Bread roll or Wrap

**OPEN**

Thursday  
and  
Friday

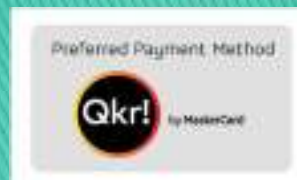
## TOASTIES

(Ham / Chicken / Cheese / Tomato)

1 Filling

2 or more Fillings

All meals, salads and sandwiches are available for 1<sup>st</sup> Break only and must be pre-ordered before 8.30am via Qkr from Term 2 for Prep. (Term 1 for other year levels)





# TUCKSHOP Menu

Snacks and Drinks are available **1<sup>st</sup> and 2<sup>nd</sup> Breaks**. These can be pre-ordered via Qkr from Term 2 or purchased over the counter for students in Year 1 and above from Term 1.

## SNACKS

- Apple Slinkie (GF)
- Fresh Fruit Salad Sticks (GF)
- Fresh Fruit Salad Tub (GF)
- Homebake items (inc. GF options)  
(Banana Bread / Cupcakes / Slices)
- Homebake Mini Cookies
- Popcorn (GF)
- Red Rock Deli Chips  
(Honey Soy Chicken / Sea Salt (GF))

## FROZEN SNACKS

- Bulla Frozen Yoghurt (GF)  
(Mango)
- Vanilla Ice Cream Tub (GF)  
(optional: choc topping & sprinkles)
- Paddle Pop Ice Block  
(Rainbow (GF))
- Homemade Fruit Salad Ice Block (GF)
- Frozen Orchy Juice (GF)  
(Apple & Blackcurrant)
- Quelch Fruit Juice Tubes (GF)  
(Assorted flavours)

## DRINKS

- Nudie Juice (250ml)  
(Apple / Orange / Tropical)
- Krazy Homestyle Lemonade (200ml)
- Breaka Flavoured Milk (250ml)  
(Chocolate / Strawberry)
- Hot Chocolate

Our tuckshop's primary aim is to offer food choices that our children enjoy whilst working towards **SmartChoices** Healthy Food and Drink Supply Strategy for Queensland Schools.